



13. Kristall-Marathon

Merkers / 17.02.2019

Detailed evaluation

Riedel, Torsten

Club: Walldorfer Rattenfänger

Number: 184

Course: 9.75 km

10 km Lauf

Category:

Senioren M45 (45-49 Jahre)

Total time: 1:14:12

Speed: 7.28 km/h

Running performance: 7:37 min/km

Rank in course/Total: 225 (of 246)

Rank in course/Men: 142 (of 148)

Best time in course: 33:48

Rank in category: 27(of 27)

Best time in the category: 39:06

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total		Pos Cat.	Behind Cat.	Total ranking		
						Pos Men	Behind Men	Total km	Total Time			Total min/km	Pos Men	Behind Men
Lap 1	3.25	22:58	7:03	27	10:42	141	12:27	3.25	22:58	7:03	27	10:42	141	12:27
Lap 2	3.25	25:34	7:51	27	12:06	145	14:03	6.50	48:32	7:28	27	22:48	145	26:30
Last lap Finish	3.25	25:40	7:53	27	12:18	141	14:01	9.75	1:14:12	7:36	27	35:06	142	40:24