



13. Kristall-Marathon

Merkers / 17.02.2019

Detailed evaluation

Krieger, Marolina

Club: Göttingen

Number: 131

Course: 9.75 km

10 km Lauf

Category:

Seniorinnen W30 (30-34 Jahre)

Total time: 1:14:16

Speed: 7.88 km/h

Running performance: 7:37 min/km

Rank in course/Total: 226 (of 246)

Rank in course/Women: 84 (of 98)

Best time in course: 42:01

Rank in category: 16(of 19)

Best time in the category: 49:50

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	3.25	24:19	7:28	17	8:36	92	16:48	3.25	24:19	7:28	17	8:36	92	16:48
Lap 2	3.25	25:10	7:44	17	8:23	86	11:09	6.50	49:29	7:36	17	16:57	88	21:57
Last lap Finish	3.25	24:47	7:37	16	8:34	79	10:42	9.75	1:14:16	7:37	16	24:26	84	32:15