



# 13. Kristall-Marathon

Merkers / 17.02.2019

## Detailed evaluation

**Lechel, Hermann**

Club: Seewolfjäger

Number: 139

Course: 9.75 km

10 km Lauf

Category:

Senioren M55 (55-59 Jahre)

Total time: 1:16:13

Speed: 7.09 km/h

Running performance: 7:49 min/km

Rank in course/Total: 232 (of 246)

Rank in course/Men: 144 (of 148)

Best time in course: 33:48

Rank in category: 13(of 14)

Best time in the category: 44:50

### Intermediate times

### Stage score

### Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	23:39	7:16	13	8:54	145	13:08	3.25	23:39	7:16	13	8:54	145	13:08
Lap 2	3.25	24:26	7:31	12	9:19	141	12:55	6.50	48:05	7:23	13	18:13	141	26:03
Last lap Finish	3.25	28:08	8:39	13	13:10	145	16:29	9.75	1:16:13	7:49	13	31:23	144	42:25