



# 13. Kristall-Marathon

Merkers / 17.02.2019

## Detailed evaluation

**Gockel, Angela**

Club: Salzkotten-Scharmede

Number: 70

Course: 9.75 km

10 km Lauf

Category:

Seniorinnen W35 (35-39 Jahre)

Total time: 1:24:33

Speed: 6.92 km/h

Running performance: 8:40 min/km

Rank in course/Total: 237 (of 246)

Rank in course/Women: 92 (of 98)

Best time in course: 42:01

Rank in category: 16(of 16)

Best time in the category: 48:13

### Intermediate times

### Stage score

### Total ranking

| Control         | Split km | Split Time | Split min/km | Stage score |             |           |              | Total ranking |            |              |          |             |           |              |
|-----------------|----------|------------|--------------|-------------|-------------|-----------|--------------|---------------|------------|--------------|----------|-------------|-----------|--------------|
|                 |          |            |              | Pos Cat.    | Behind Cat. | Pos Women | Behind Women | Total km      | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Women | Behind Women |
| Lap 1           | 3.25     | 26:05      | 8:01         | 16          | 11:07       | 95        | 18:34        | 3.25          | 26:05      | 8:01         | 16       | 11:07       | 95        | 18:34        |
| Lap 2           | 3.25     | 29:04      | 8:56         | 16          | 12:38       | 95        | 15:03        | 6.50          | 55:09      | 8:29         | 16       | 23:45       | 94        | 27:37        |
| Last lap Finish | 3.25     | 29:24      | 9:02         | 16          | 12:55       | 92        | 15:19        | 9.75          | 1:24:33    | 8:40         | 16       | 36:20       | 92        | 42:32        |