



13. Kristall-Marathon

Merkers / 17.02.2019

Detailed evaluation

Köhler, Kathi

Club: TV Urbar

Number: 127

Course: 9.75 km

10 km Lauf

Category:

Seniorinnen W30 (30-34 Jahre)

Total time: 1:25:38

Speed: 6.31 km/h

Running performance: 8:47 min/km

Rank in course/Total: 239 (of 246)

Rank in course/Women: 94 (of 98)

Best time in course: 42:01

Rank in category: 18(of 19)

Best time in the category: 49:50

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	3.25	26:35	8:10	19	10:52	97	19:04	3.25	26:35	8:10	19	10:52	97	19:04
Lap 2	3.25	29:10	8:58	19	12:23	96	15:09	6.50	55:45	8:34	19	23:13	96	28:13
Last lap Finish	3.25	29:53	9:11	18	13:40	94	15:48	9.75	1:25:38	8:46	18	35:48	94	43:37