



13. Kristall-Marathon

Merkers / 17.02.2019

Detailed evaluation

Bärwald, Daniel

Club: RSV Leiha

Number: 311

Course: 22.75 km

Halbmarathon

Category:

Männer (20-29 Jahre)

Total time: 1:37:37

Speed: 13.52 km/h

Running performance: 4:17 min/km

Rank in course/Total: 6 (of 244)

Rank in course/Men: 6 (of 179)

Best time in course: 1:31:15

Rank in category: 1(of 7)

Best time in the category: 1:37:37

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	14:56	4:35	1	-	27	1:58	3.25	14:56	4:35	1	-	27	1:58
Lap 2	3.25	14:15	4:23	1	-	14	1:11	6.50	29:11	4:29	1	-	18	2:51
Lap 3	3.25	13:59	4:18	1	-	7	0:49	9.75	43:10	4:25	1	-	16	3:40
Lap 4	3.25	13:42	4:12	1	-	4	0:42	13.00	56:52	4:22	1	-	10	4:22
Lap 5	3.25	13:33	4:10	1	-	4	0:46	16.25	1:10:25	4:20	1	-	8	5:08
Lap 6	3.25	13:31	4:09	1	-	2	0:37	19.50	1:23:56	4:18	1	-	6	5:45
Last lap Finish	3.25	13:41	4:12	1	-	3	0:37	22.75	1:37:37	4:17	1	-	7	25:21