



13. Kristall-Marathon

Merkers / 17.02.2019

Detailed evaluation

Peters, Kai

Club: Team Hohenroda

Number: 170

Course: 9.75 km

10 km Lauf

Category:

Senioren M45 (45-49 Jahre)

Total time: 45:27

Speed: 11.88 km/h

Running performance: 4:40 min/km

Rank in course/Total: 25 (of 246)

Rank in course/Men: 23 (of 148)

Best time in course: 33:48

Rank in category: 7(of 27)

Best time in the category: 39:06

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Lap 1	3.25	14:51	4:34	8	2:35	31	4:20	3.25	14:51	4:34	8	2:35	31	4:20
Lap 2	3.25	15:04	4:38	6	1:36	20	3:33	6.50	29:55	4:36	8	4:11	24	7:53
Last lap Finish	3.25	15:32	4:46	7	2:10	26	3:53	9.75	45:27	4:39	7	6:21	23	11:39