



# 13. Kristall-Marathon

Merkers / 17.02.2019

## Detailed evaluation

**Hofmann, Sascha**

Club: SC Impuls Erfurt

Number: 386

Course: 22.75 km

Halbmarathon

Category:

Senioren M40 (40-44 Jahre)

Total time: 1:42:27

Speed: 12.88 km/h

Running performance: 4:30 min/km

Rank in course/Total: 11 (of 244)

Rank in course/Men: 11 (of 179)

Best time in course: 1:31:15

Rank in category: 4(of 25)

Best time in the category: 1:31:15

Intermediate times					Stage score				Total ranking					
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	14:32	4:28	6	1:18	18	1:34	3.25	14:32	4:28	6	1:18	18	1:34
Lap 2	3.25	14:09	4:21	4	1:05	12	1:05	6.50	28:41	4:24	5	2:21	16	2:21
Lap 3	3.25	14:24	4:25	4	1:14	12	1:14	9.75	43:05	4:25	5	3:35	14	3:35
Lap 4	3.25	14:36	4:29	4	1:36	12	1:36	13.00	57:41	4:26	5	5:11	14	5:11
Lap 5	3.25	14:41	4:31	4	1:54	11	1:54	16.25	1:12:22	4:27	4	7:05	12	7:05
Lap 6	3.25	14:59	4:36	5	2:05	11	2:05	19.50	1:27:21	4:28	4	9:10	11	9:10
Last lap Finish	3.25	15:06	4:38	4	2:02	13	2:02	22.75	1:42:27	4:30	4	11:12	12	30:11