



13. Kristall-Marathon

Merkers / 17.02.2019

Detailed evaluation

Becker, Torsten

Club: LG Mörfelden-Walldorf

Number: 313

Course: 22.75 km

Halbmarathon

Category:

Senioren M45 (45-49 Jahre)

Total time: 1:45:35

Speed: 12.93 km/h

Running performance: 4:38 min/km

Rank in course/Total: 17 (of 244)

Rank in course/Men: 16 (of 179)

Best time in course: 1:31:15

Rank in category: 4(of 29)

Best time in the category: 1:36:19

Intermediate times

Stage score

Total ranking

Control	Intermediate times					Stage score				Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Lap 1	3.25	14:47	4:32	6	1:49	25	1:49	3.25	14:47	4:32	6	1:49	25	1:49	
Lap 2	3.25	14:51	4:34	5	1:29	23	1:47	6.50	29:38	4:33	5	3:18	22	3:18	
Lap 3	3.25	14:56	4:35	4	1:36	21	1:46	9.75	44:34	4:34	5	4:54	22	5:04	
Lap 4	3.25	14:56	4:35	3	1:05	14	1:56	13.00	59:30	4:34	4	5:59	19	7:00	
Lap 5	3.25	15:17	4:42	3	1:01	16	2:30	16.25	1:14:47	4:36	4	7:00	18	9:30	
Lap 6	3.25	15:21	4:43	3	1:00	14	2:27	19.50	1:30:08	4:37	4	8:00	17	11:57	
Last lap Finish	3.25	15:27	4:45	6	1:16	19	2:23	22.75	1:45:35	4:38	4	9:16	17	33:19	