



13. Kristall-Marathon

Merkers / 17.02.2019

Detailed evaluation

Vollhardt, Jürgen

Club: Stoll

Number: 520

Course: 22.75 km

Halbmarathon

Category:

Senioren M30 (30-34 Jahre)

Total time: 1:45:53

Speed: 12.89 km/h

Running performance: 4:39 min/km

Rank in course/Total: 18 (of 244)

Rank in course/Men: 17 (of 179)

Best time in course: 1:31:15

Rank in category: 2(of 17)

Best time in the category: 1:41:52

Intermediate times

Stage score

Total ranking

Control	Intermediate times					Stage score			Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	14:01	4:18	2	0:59	11	1:03	3.25	14:01	4:18	2	0:59	11	1:03
Lap 2	3.25	14:16	4:23	2	0:44	15	1:12	6.50	28:17	4:21	2	1:43	12	1:57
Lap 3	3.25	14:31	4:28	2	0:17	14	1:21	9.75	42:48	4:23	2	2:00	13	3:18
Lap 4	3.25	15:04	4:38	2	0:32	18	2:04	13.00	57:52	4:27	2	2:32	15	5:22
Lap 5	3.25	15:21	4:43	2	0:11	19	2:34	16.25	1:13:13	4:30	2	2:43	15	7:56
Lap 6	3.25	16:15	5:00	4	0:35	27	3:21	19.50	1:29:28	4:35	2	3:16	16	11:17
Last lap Finish	3.25	16:25	5:03	7	1:15	30	3:21	22.75	1:45:53	4:39	2	4:01	18	33:37