



13. Kristall-Marathon

Merkers / 17.02.2019

Detailed evaluation

Glorius, Markus

Club: Fulda

Number: 366

Course: 22.75 km

Halbmarathon

Category:

Senioren M30 (30-34 Jahre)

Total time: 1:50:08

Speed: 11.99 km/h

Running performance: 4:50 min/km

Rank in course/Total: 26 (of 244)

Rank in course/Men: 23 (of 179)

Best time in course: 1:31:15

Rank in category: 5(of 17)

Best time in the category: 1:41:52

Intermediate times

Stage score

Total ranking

Control	Intermediate times					Stage score			Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	15:37	4:48	8	2:35	43	2:39	3.25	15:37	4:48	8	2:35	43	2:39
Lap 2	3.25	15:10	4:39	7	1:38	26	2:06	6.50	30:47	4:44	8	4:13	33	4:27
Lap 3	3.25	15:13	4:40	5	0:59	24	2:03	9.75	46:00	4:43	6	5:12	26	6:30
Lap 4	3.25	15:36	4:47	6	1:04	26	2:36	13.00	1:01:36	4:44	6	6:16	26	9:06
Lap 5	3.25	16:07	4:57	5	0:57	29	3:20	16.25	1:17:43	4:46	6	7:13	26	12:26
Lap 6	3.25	17:15	5:18	10	1:35	42	4:21	19.50	1:34:58	4:52	7	8:46	26	16:47
Last lap Finish	3.25	15:10	4:39	1	-	14	2:06	22.75	1:50:08	4:50	5	8:16	24	37:52