



13. Kristall-Marathon

Merkers / 17.02.2019

Detailed evaluation

Unverferth, Dominic

Club: Mannheim

Number: 516

Course: 22.75 km

Halbmarathon

Category:

Senioren M30 (30-34 Jahre)

Total time: 1:52:05

Speed: 12.18 km/h

Running performance: 4:56 min/km

Rank in course/Total: 32 (of 244)

Rank in course/Men: 29 (of 179)

Best time in course: 1:31:15

Rank in category: 9(of 17)

Best time in the category: 1:41:52

Intermediate times

Stage score

Total ranking

Control	Intermediate times					Stage score				Total ranking				
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	15:38	4:48	10	2:36	45	2:40	3.25	15:38	4:48	10	2:36	45	2:40
Lap 2	3.25	14:49	4:33	5	1:17	22	1:45	6.50	30:27	4:41	6	3:53	28	4:07
Lap 3	3.25	15:33	4:47	8	1:19	29	2:23	9.75	46:00	4:43	6	5:12	26	6:30
Lap 4	3.25	15:58	4:54	10	1:26	33	2:58	13.00	1:01:58	4:46	8	6:38	28	9:28
Lap 5	3.25	16:10	4:58	9	1:00	33	3:23	16.25	1:18:08	4:48	8	7:38	28	12:51
Lap 6	3.25	16:40	5:07	8	1:00	33	3:46	19.50	1:34:48	4:51	6	8:36	25	16:37
Last lap Finish	3.25	17:17	5:19	9	2:07	43	4:13	22.75	1:52:05	4:55	9	10:13	30	39:49