



13. Kristall-Marathon

Merkers / 17.02.2019

Detailed evaluation

Dölfel, Reinhard

Club: TSV Burghaslach

Number: 340

Course: 22.75 km

Halbmarathon

Category:

Senioren M60 (60-64 Jahre)

Total time: 1:52:06

Speed: 11.78 km/h

Running performance: 4:56 min/km

Rank in course/Total: 33 (of 244)

Rank in course/Men: 30 (of 179)

Best time in course: 1:31:15

Rank in category: 1(of 12)

Best time in the category: 1:52:06

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	15:53	4:53	1	-	51	2:55	3.25	15:53	4:53	1	-	51	2:55
Lap 2	3.25	15:50	4:52	1	-	48	2:46	6.50	31:43	4:52	1	-	50	5:23
Lap 3	3.25	15:56	4:54	1	-	38	2:46	9.75	47:39	4:53	1	-	45	8:09
Lap 4	3.25	15:57	4:54	1	-	31	2:57	13.00	1:03:36	4:53	1	-	38	11:06
Lap 5	3.25	16:13	4:59	1	-	34	3:26	16.25	1:19:49	4:54	1	-	35	14:32
Lap 6	3.25	16:08	4:57	1	-	26	3:14	19.50	1:35:57	4:55	1	-	32	17:46
Last lap Finish	3.25	16:09	4:58	1	-	25	3:05	22.75	1:52:06	4:55	1	-	31	39:50