



13. Kristall-Marathon

Merkers / 17.02.2019

Detailed evaluation

Tischer, Philipp

Club: SV Gumpoldia Gumpelstadt

Number: 241

Course: 9.75 km

10 km Lauf

Category:

Senioren M30 (30-34 Jahre)

Total time: 45:47

Speed: 12.78 km/h

Running performance: 4:42 min/km

Rank in course/Total: 27 (of 246)

Rank in course/Men: 25 (of 148)

Best time in course: 33:48

Rank in category: 5(of 20)

Best time in the category: 34:53

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	15:19	4:42	10	4:10	41	4:48	3.25	15:19	4:42	10	4:10	41	4:48
Lap 2	3.25	15:34	4:47	6	3:42	28	4:03	6.50	30:53	4:45	10	7:52	35	8:51
Last lap Finish	3.25	14:54	4:35	5	3:02	17	3:15	9.75	45:47	4:41	5	10:54	25	11:59