



13. Kristall-Marathon

Merkers / 17.02.2019

Detailed evaluation

Lechel, Adrian

Club: Seewolfjäger

Number: 140

Course: 9.75 km

10 km Lauf

Category:

Männer (20-29 Jahre)

Total time: 35:19

Speed: 16.56 km/h

Running performance: 3:37 min/km

Rank in course/Total: 3 (of 246)

Rank in course/Men: 3 (of 148)

Best time in course: 33:48

Rank in category: 1(of 12)

Best time in the category: 35:19

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	11:34	3:33	1	-	4	1:03	3.25	11:34	3:33	1	-	4	1:03
Lap 2	3.25	12:06	3:43	1	-	3	0:35	6.50	23:40	3:38	1	-	3	1:38
Last lap Finish	3.25	11:39	3:35	1	-	1	-	9.75	35:19	3:37	1	-	3	1:31