



13. Kristall-Marathon

Merkers / 17.02.2019

Detailed evaluation

Kienle, Carina-Sophie

Club: TB Erlangen

Number: 401

Course: 22.75 km

Halbmarathon

Category:

Seniorinnen W30 (30-34 Jahre)

Total time: 1:57:11

Speed: 11.65 km/h

Running performance: 5:09 min/km

Rank in course/Total: 51 (of 244)

Rank in course/Women: 5 (of 65)

Best time in course: 1:42:53

Rank in category: 2(of 7)

Best time in the category: 1:45:56

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	3.25	15:00	4:36	3	1:07	5	1:08	3.25	15:00	4:36	3	1:07	5	1:08
Lap 2	3.25	15:51	4:52	3	1:12	5	1:12	6.50	30:51	4:44	3	2:19	5	2:20
Lap 3	3.25	16:18	5:00	2	1:26	6	1:35	9.75	47:09	4:50	2	3:45	4	3:52
Lap 4	3.25	16:21	5:01	2	0:41	5	1:28	13.00	1:03:30	4:53	2	4:26	4	5:20
Lap 5	3.25	17:13	5:17	2	1:17	7	2:09	16.25	1:20:43	4:58	2	5:43	4	7:29
Lap 6	3.25	17:54	5:30	2	2:05	8	2:46	19.50	1:38:37	5:03	2	7:48	5	10:15
Last lap Finish	3.25	18:34	5:42	3	3:27	13	4:03	22.75	1:57:11	5:09	2	11:15	5	14:18