



13. Kristall-Marathon

Merkers / 17.02.2019

Detailed evaluation

Klameth, Markus

Club: ATV Haltern

Number: 402

Course: 22.75 km

Halbmarathon

Category:

Senioren M50 (50-54 Jahre)

Total time: 1:57:56

Speed: 11.57 km/h

Running performance: 5:11 min/km

Rank in course/Total: 52 (of 244)

Rank in course/Men: 47 (of 179)

Best time in course: 1:31:15

Rank in category: 3(of 38)

Best time in the category: 1:57:07

Intermediate times

Stage score

Total ranking

Control	Intermediate times				Stage score				Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	16:26	5:03	10	1:07	70	3:28	3.25	16:26	5:03	10	1:07	70	3:28
Lap 2	3.25	16:20	5:01	8	0:51	61	3:16	6.50	32:46	5:02	7	1:58	63	6:26
Lap 3	3.25	16:38	5:07	5	1:55	52	3:28	9.75	49:24	5:03	7	2:17	60	9:54
Lap 4	3.25	16:52	5:11	2	0:38	47	3:52	13.00	1:06:16	5:05	6	1:31	57	13:46
Lap 5	3.25	17:06	5:15	4	1:29	48	4:19	16.25	1:23:22	5:07	5	1:44	55	18:05
Lap 6	3.25	17:19	5:19	1	-	44	4:25	19.50	1:40:41	5:09	4	1:07	51	22:30
Last lap Finish	3.25	17:15	5:18	4	0:08	42	4:11	22.75	1:57:56	5:11	4	45:40	48	45:40