



13. Kristall-Marathon

Merkers / 17.02.2019

Detailed evaluation

Kraft, Matthias

Club: Teilzeitläufer Bielefeld

Number: 413

Course: 22.75 km

Halbmarathon

Category:

Senioren M50 (50-54 Jahre)

Total time: 1:58:37

Speed: 11.13 km/h

Running performance: 5:13 min/km

Rank in course/Total: 57 (of 244)

Rank in course/Men: 51 (of 179)

Best time in course: 1:31:15

Rank in category: 4(of 38)

Best time in the category: 1:57:07

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Lap 1	3.25	15:54	4:53	6	0:35	53	2:56	3.25	15:54	4:53	6	0:35	53	2:56	
Lap 2	3.25	16:29	5:04	10	1:00	64	3:25	6.50	32:23	4:58	5	1:35	56	6:03	
Lap 3	3.25	16:53	5:11	8	2:10	59	3:43	9.75	49:16	5:03	6	2:09	58	9:46	
Lap 4	3.25	16:53	5:11	3	0:39	48	3:53	13.00	1:06:09	5:05	5	1:24	56	13:39	
Lap 5	3.25	16:51	5:11	3	1:14	45	4:04	16.25	1:23:00	5:06	4	1:22	53	17:43	
Lap 6	3.25	17:41	5:26	6	0:22	52	4:47	19.50	1:40:41	5:09	4	1:07	51	22:30	
Last lap Finish	3.25	17:56	5:31	8	0:49	58	4:52	22.75	1:58:37	5:12	5	46:21	52	46:21	