



13. Kristall-Marathon

Merkers / 17.02.2019

Detailed evaluation

Neubauer, Uwe

Club: SGB Stadtsteinach

Number: 451

Course: 22.75 km

Halbmarathon

Category:

Senioren M45 (45-49 Jahre)

Total time: 1:59:08

Speed: 11.08 km/h

Running performance: 5:14 min/km

Rank in course/Total: 59 (of 244)

Rank in course/Men: 53 (of 179)

Best time in course: 1:31:15

Rank in category: 12(of 29)

Best time in the category: 1:36:19

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	14:27	4:26	4	1:29	16	1:29	3.25	14:27	4:26	4	1:29	16	1:29
Lap 2	3.25	15:56	4:54	12	2:34	50	2:52	6.50	30:23	4:40	6	4:03	27	4:03
Lap 3	3.25	16:36	5:06	13	3:16	51	3:26	9.75	46:59	4:49	8	7:19	34	7:29
Lap 4	3.25	17:25	5:21	15	3:34	64	4:25	13.00	1:04:24	4:57	11	10:53	43	11:54
Lap 5	3.25	18:06	5:34	15	3:50	71	5:19	16.25	1:22:30	5:04	12	14:43	50	17:13
Lap 6	3.25	20:12	6:12	20	5:51	112	7:18	19.50	1:42:42	5:15	12	20:34	57	24:31
Last lap Finish	3.25	16:26	5:03	7	2:15	31	3:22	22.75	1:59:08	5:14	12	22:49	54	46:52