



13. Kristall-Marathon

Merkers / 17.02.2019

Detailed evaluation

Emmerich, Torsten

Club: Unna

Number: 352

Course: 22.75 km

Halbmarathon

Category:

Senioren M50 (50-54 Jahre)

Total time: 1:59:55

Speed: 11.01 km/h

Running performance: 5:16 min/km

Rank in course/Total: 62 (of 244)

Rank in course/Men: 55 (of 179)

Best time in course: 1:31:15

Rank in category: 6(of 38)

Best time in the category: 1:57:07

Intermediate times

Stage score

Total ranking

Control	Intermediate times				Stage score				Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	17:46	5:28	17	2:27	99	4:48	3.25	17:46	5:28	17	2:27	99	4:48
Lap 2	3.25	16:18	5:00	7	0:49	60	3:14	6.50	34:04	5:14	14	3:16	82	7:44
Lap 3	3.25	16:30	5:04	4	1:47	49	3:20	9.75	50:34	5:11	10	3:27	68	11:04
Lap 4	3.25	17:04	5:15	7	0:50	57	4:04	13.00	1:07:38	5:12	9	2:53	64	15:08
Lap 5	3.25	17:27	5:22	8	1:50	59	4:40	16.25	1:25:05	5:14	8	3:27	62	19:48
Lap 6	3.25	17:36	5:24	5	0:17	51	4:42	19.50	1:42:41	5:15	7	3:07	56	24:30
Last lap Finish	3.25	17:14	5:18	3	0:07	40	4:10	22.75	1:59:55	5:16	7	47:39	56	47:39