



13. Kristall-Marathon

Merkers / 17.02.2019

Detailed evaluation

Gazlig, Enrico

Club: Team WeGa

Number: 361

Course: 22.75 km

Halbmarathon

Category:

Senioren M45 (45-49 Jahre)

Total time: 2:02:42

Speed: 10.76 km/h

Running performance: 5:23 min/km

Rank in course/Total: 73 (of 244)

Rank in course/Men: 64 (of 179)

Best time in course: 1:31:15

Rank in category: 14(of 29)

Best time in the category: 1:36:19

Intermediate times

Stage score

Total ranking

Control	Split			Pos		Behind		Total			Pos		Behind	
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Lap 1	3.25	16:14	4:59	15	3:16	66	3:16	3.25	16:14	4:59	15	3:16	66	3:16
Lap 2	3.25	15:32	4:46	8	2:10	35	2:28	6.50	31:46	4:53	12	5:26	51	5:26
Lap 3	3.25	15:50	4:52	8	2:30	35	2:40	9.75	47:36	4:52	12	7:56	44	8:06
Lap 4	3.25	16:48	5:10	11	2:57	44	3:48	13.00	1:04:24	4:57	11	10:53	43	11:54
Lap 5	3.25	17:50	5:29	13	3:34	65	5:03	16.25	1:22:14	5:03	11	14:27	47	16:57
Lap 6	3.25	21:41	6:40	21	7:20	133	8:47	19.50	1:43:55	5:19	14	21:47	64	25:44
Last lap Finish	3.25	18:47	5:46	13	4:36	71	5:43	22.75	2:02:42	5:23	14	26:23	65	50:26