



13. Kristall-Marathon

Merkers / 17.02.2019

Detailed evaluation

Jasper, Marc

Club: TuS Scheffé

Number: 397

Course: 22.75 km

Halbmarathon

Category:

Senioren M30 (30-34 Jahre)

Total time: 2:02:49

Speed: 10.75 km/h

Running performance: 5:24 min/km

Rank in course/Total: 75 (of 244)

Rank in course/Men: 66 (of 179)

Best time in course: 1:31:15

Rank in category: 12(of 17)

Best time in the category: 1:41:52

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total		Total		Total		Total ranking	
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Lap 1	3.25	15:14	4:41	6	2:12	31	2:16	3.25	15:14	4:41	6	2:12	31	2:16	
Lap 2	3.25	16:15	5:00	12	2:43	59	3:11	6.50	31:29	4:50	10	4:55	45	5:09	
Lap 3	3.25	17:05	5:15	12	2:51	63	3:55	9.75	48:34	4:58	12	7:46	53	9:04	
Lap 4	3.25	17:34	5:24	13	3:02	69	4:34	13.00	1:06:08	5:05	12	10:48	55	13:38	
Lap 5	3.25	18:32	5:42	14	3:22	83	5:45	16.25	1:24:40	5:12	12	14:10	60	19:23	
Lap 6	3.25	18:38	5:44	14	2:58	74	5:44	19.50	1:43:18	5:17	13	17:06	61	25:07	
Last lap Finish	3.25	19:31	6:00	12	4:21	89	6:27	22.75	2:02:49	5:23	12	20:57	67	50:33	