



13. Kristall-Marathon

Merkers / 17.02.2019

Detailed evaluation

Liebig, Dieter

Club: BSG Lülisdorf e.V.

Number: 431

Course: 22.75 km

Halbmarathon

Category:

Senioren M60 (60-64 Jahre)

Total time: 2:03:24

Speed: 10.70 km/h

Running performance: 5:25 min/km

Rank in course/Total: 79 (of 244)

Rank in course/Men: 70 (of 179)

Best time in course: 1:31:15

Rank in category: 2(of 12)

Best time in the category: 1:52:06

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Lap 1	3.25	17:15	5:18	3	1:22	86	4:17	3.25	17:15	5:18	3	1:22	86	4:17	
Lap 2	3.25	16:58	5:13	3	1:08	80	3:54	6.50	34:13	5:15	3	2:30	86	7:53	
Lap 3	3.25	17:20	5:19	2	1:24	71	4:10	9.75	51:33	5:17	2	3:54	80	12:03	
Lap 4	3.25	17:43	5:27	3	1:46	74	4:43	13.00	1:09:16	5:19	2	5:40	80	16:46	
Lap 5	3.25	17:57	5:31	2	1:44	68	5:10	16.25	1:27:13	5:22	2	7:24	77	21:56	
Lap 6	3.25	18:12	5:35	2	2:04	61	5:18	19.50	1:45:25	5:24	2	9:28	74	27:14	
Last lap Finish	3.25	17:59	5:31	3	1:50	59	4:55	22.75	2:03:24	5:25	2	11:18	71	51:08	