



13. Kristall-Marathon

Merkers / 17.02.2019

Detailed evaluation

Carta, Massimo

Club: LT Freigericht

Number: 330

Course: 22.75 km

Halbmarathon

Category:

Senioren M60 (60-64 Jahre)

Total time: 2:03:46

Speed: 10.67 km/h

Running performance: 5:26 min/km

Rank in course/Total: 80 (of 244)

Rank in course/Men: 71 (of 179)

Best time in course: 1:31:15

Rank in category: 3(of 12)

Best time in the category: 1:52:06

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	17:14	5:18	2	1:21	83	4:16	3.25	17:14	5:18	2	1:21	83	4:16
Lap 2	3.25	16:53	5:11	2	1:03	75	3:49	6.50	34:07	5:14	2	2:24	83	7:47
Lap 3	3.25	17:36	5:24	3	1:40	81	4:26	9.75	51:43	5:18	3	4:04	81	12:13
Lap 4	3.25	17:37	5:25	2	1:40	70	4:37	13.00	1:09:20	5:19	3	5:44	82	16:50
Lap 5	3.25	18:17	5:37	3	2:04	79	5:30	16.25	1:27:37	5:23	3	7:48	80	22:20
Lap 6	3.25	18:23	5:39	3	2:15	68	5:29	19.50	1:46:00	5:26	3	10:03	77	27:49
Last lap Finish	3.25	17:46	5:28	2	1:37	54	4:42	22.75	2:03:46	5:26	3	11:40	72	51:30