



13. Kristall-Marathon

Merkers / 17.02.2019

Detailed evaluation

Günther, Daniel

Club: Dottikon

Number: 370

Course: 22.75 km

Halbmarathon

Category:

Senioren M40 (40-44 Jahre)

Total time: 2:05:08

Speed: 10.55 km/h

Running performance: 5:30 min/km

Rank in course/Total: 86 (of 244)

Rank in course/Men: 75 (of 179)

Best time in course: 1:31:15

Rank in category: 15(of 25)

Best time in the category: 1:31:15

Intermediate times					Stage score				Total ranking					
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	15:42	4:49	9	2:28	47	2:44	3.25	15:42	4:49	9	2:28	47	2:44
Lap 2	3.25	16:59	5:13	15	3:55	83	3:55	6.50	32:41	5:01	12	6:21	60	6:21
Lap 3	3.25	17:24	5:21	13	4:14	76	4:14	9.75	50:05	5:08	12	10:35	64	10:35
Lap 4	3.25	17:47	5:28	16	4:47	77	4:47	13.00	1:07:52	5:13	13	15:22	67	15:22
Lap 5	3.25	18:12	5:35	16	5:25	75	5:25	16.25	1:26:04	5:17	13	20:47	69	20:47
Lap 6	3.25	19:13	5:54	16	6:19	85	6:19	19.50	1:45:17	5:23	14	27:06	72	27:06
Last lap Finish	3.25	19:51	6:06	17	6:47	102	6:47	22.75	2:05:08	5:30	15	33:53	76	52:52