



# 13. Kristall-Marathon

Merkers / 17.02.2019

## Detailed evaluation

Hellweg, Christoph

Club: Bielefeld

Number: 383

Course: 22.75 km

Halbmarathon

Category:

Senioren M50 (50-54 Jahre)

Total time: 2:05:12

Speed: 10.54 km/h

Running performance: 5:30 min/km

Rank in course/Total: 87 (of 244)

Rank in course/Men: 76 (of 179)

Best time in course: 1:31:15

Rank in category: 13(of 38)

Best time in the category: 1:57:07

### Intermediate times

### Stage score

### Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Lap 1	3.25	18:10	5:35	19	2:51	111	5:12	3.25	18:10	5:35	19	2:51	111	5:12	
Lap 2	3.25	17:59	5:31	19	2:30	108	4:55	6.50	36:09	5:33	19	5:21	106	9:49	
Lap 3	3.25	17:50	5:29	17	3:07	91	4:40	9.75	53:59	5:32	18	6:52	103	14:29	
Lap 4	3.25	17:37	5:25	8	1:23	70	4:37	13.00	1:11:36	5:30	17	6:51	97	19:06	
Lap 5	3.25	17:32	5:23	9	1:55	61	4:45	16.25	1:29:08	5:29	15	7:30	90	23:51	
Lap 6	3.25	18:05	5:33	9	0:46	58	5:11	19.50	1:47:13	5:29	13	7:39	81	29:02	
Last lap Finish	3.25	17:59	5:31	9	0:52	59	4:55	22.75	2:05:12	5:30	14	52:56	77	52:56	