



13. Kristall-Marathon

Merkers / 17.02.2019

Detailed evaluation

Hofmann, Markus

Club: Nürnberg

Number: 387

Course: 22.75 km

Halbmarathon

Category:

Senioren M40 (40-44 Jahre)

Total time: 2:06:10

Speed: 10.46 km/h

Running performance: 5:33 min/km

Rank in course/Total: 93 (of 244)

Rank in course/Men: 78 (of 179)

Best time in course: 1:31:15

Rank in category: 16(of 25)

Best time in the category: 1:31:15

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	18:38	5:44	24	5:24	128	5:40	3.25	18:38	5:44	24	5:24	128	5:40
Lap 2	3.25	17:43	5:27	19	4:39	100	4:39	6.50	36:21	5:35	21	10:01	109	10:01
Lap 3	3.25	17:29	5:22	14	4:19	79	4:19	9.75	53:50	5:31	21	14:20	102	14:20
Lap 4	3.25	17:18	5:19	13	4:18	62	4:18	13.00	1:11:08	5:28	17	18:38	94	18:38
Lap 5	3.25	17:33	5:24	12	4:46	62	4:46	16.25	1:28:41	5:27	17	23:24	86	23:24
Lap 6	3.25	18:14	5:36	11	5:20	63	5:20	19.50	1:46:55	5:28	16	28:44	80	28:44
Last lap Finish	3.25	19:15	5:55	15	6:11	78	6:11	22.75	2:06:10	5:32	16	34:55	79	53:54