



13. Kristall-Marathon

Merkers / 17.02.2019

Detailed evaluation

Schmitz, Sandra

Club: TUS Wickrath

Number: 483

Course: 22.75 km

Halbmarathon

Category:

Frauen (20-29 Jahre)

Total time: 2:05:18

Speed: 10.53 km/h

Running performance: 5:31 min/km

Rank in course/Total: 89 (of 244)

Rank in course/Women: 12 (of 65)

Best time in course: 1:42:53

Rank in category: 1(of 4)

Best time in the category: 2:05:18

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	3.25	16:46	5:09	1	-	12	2:54	3.25	16:46	5:09	1	-	12	2:54
Lap 2	3.25	16:44	5:08	1	-	10	2:05	6.50	33:30	5:09	1	-	8	4:59
Lap 3	3.25	17:02	5:14	1	-	8	2:19	9.75	50:32	5:10	1	-	8	7:15
Lap 4	3.25	17:37	5:25	1	-	11	2:44	13.00	1:08:09	5:14	1	-	8	9:59
Lap 5	3.25	18:12	5:35	1	-	15	3:08	16.25	1:26:21	5:18	1	-	8	13:07
Lap 6	3.25	19:00	5:50	1	-	18	3:52	19.50	1:45:21	5:24	1	-	10	16:59
Last lap Finish	3.25	19:57	6:08	2	1:34	21	5:26	22.75	2:05:18	5:30	1	-	12	22:25