



13. Kristall-Marathon

Merkers / 17.02.2019

Detailed evaluation

Hargarten, Jürgen

Club: Ford FCSD 05

Number: 375

Course: 22.75 km

Halbmarathon

Category:

Senioren M55 (55-59 Jahre)

Total time: 2:06:39

Speed: 10.42 km/h

Running performance: 5:34 min/km

Rank in course/Total: 97 (of 244)

Rank in course/Men: 81 (of 179)

Best time in course: 1:31:15

Rank in category: 5(of 22)

Best time in the category: 1:53:58

Intermediate times

Stage score

Total ranking

| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Stage score | | Total ranking | | | | | | | |
|-----------------|-------------|---------------|-----------------|-------------|----------------|-------------|---------------|---------------|---------------|-----------------|-------------|----------------|------------|---------------|--|
| | | | | | | Pos Men | Behind Men | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men | |
| Lap 1 | 3.25 | 17:21 | 5:20 | 5 | 1:45 | 90 | 4:23 | 3.25 | 17:21 | 5:20 | 5 | 1:45 | 90 | 4:23 | |
| Lap 2 | 3.25 | 17:06 | 5:15 | 4 | 1:34 | 88 | 4:02 | 6.50 | 34:27 | 5:18 | 4 | 3:04 | 91 | 8:07 | |
| Lap 3 | 3.25 | 17:57 | 5:31 | 9 | 2:15 | 97 | 4:47 | 9.75 | 52:24 | 5:22 | 6 | 5:19 | 92 | 12:54 | |
| Lap 4 | 3.25 | 18:22 | 5:39 | 8 | 2:16 | 94 | 5:22 | 13.00 | 1:10:46 | 5:26 | 6 | 7:35 | 90 | 18:16 | |
| Lap 5 | 3.25 | 18:41 | 5:44 | 7 | 2:04 | 88 | 5:54 | 16.25 | 1:29:27 | 5:30 | 7 | 9:39 | 92 | 24:10 | |
| Lap 6 | 3.25 | 18:59 | 5:50 | 4 | 2:20 | 80 | 6:05 | 19.50 | 1:48:26 | 5:33 | 6 | 11:37 | 91 | 30:15 | |
| Last lap Finish | 3.25 | 18:13 | 5:36 | 4 | 2:12 | 64 | 5:09 | 22.75 | 2:06:39 | 5:34 | 5 | 12:41 | 82 | 54:23 | |