



13. Kristall-Marathon

Merkers / 17.02.2019

Detailed evaluation

Sobotta, Florian

Club: TSG Hatten-Sandkrug

Number: 501

Course: 22.75 km

Halbmarathon

Category:

Senioren M40 (40-44 Jahre)

Total time: 2:09:03

Speed: 10.58 km/h

Running performance: 5:40 min/km

Rank in course/Total: 108 (of 244)

Rank in course/Men: 91 (of 179)

Best time in course: 1:31:15

Rank in category: 17(of 25)

Best time in the category: 1:31:15

Intermediate times

Stage score

Total ranking

Control	Intermediate times					Stage score				Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Lap 1	3.25	13:58	4:17	4	0:44	10	1:00	3.25	13:58	4:17	4	0:44	10	1:00	
Lap 2	3.25	15:43	4:50	8	2:39	42	2:39	6.50	29:41	4:33	7	3:21	24	3:21	
Lap 3	3.25	17:10	5:16	11	4:00	66	4:00	9.75	46:51	4:48	7	7:21	33	7:21	
Lap 4	3.25	18:20	5:38	17	5:20	91	5:20	13.00	1:05:11	5:00	10	12:41	48	12:41	
Lap 5	3.25	20:35	6:19	20	7:48	136	7:48	16.25	1:25:46	5:16	12	20:29	66	20:29	
Lap 6	3.25	21:47	6:42	21	8:53	134	8:53	19.50	1:47:33	5:30	17	29:22	83	29:22	
Last lap Finish	3.25	21:30	6:36	21	8:26	129	8:26	22.75	2:09:03	5:40	17	37:48	92	56:47	