



13. Kristall-Marathon

Merkers / 17.02.2019

Detailed evaluation

Manz, Ullrich

Club: BSG Ostsächsische Sparkasse Dresden

Number: 439

Course: 22.75 km

Halbmarathon

Category:

Senioren M60 (60-64 Jahre)

Total time: 2:10:58

Speed: 10.08 km/h

Running performance: 5:46 min/km

Rank in course/Total: 116 (of 244)

Rank in course/Men: 97 (of 179)

Best time in course: 1:31:15

Rank in category: 4(of 12)

Best time in the category: 1:52:06

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	17:52	5:29	5	1:59	103	4:54	3.25	17:52	5:29	5	1:59	103	4:54
Lap 2	3.25	18:03	5:33	4	2:13	109	4:59	6.50	35:55	5:31	4	4:12	104	9:35
Lap 3	3.25	18:43	5:45	5	2:47	116	5:33	9.75	54:38	5:36	4	6:59	107	15:08
Lap 4	3.25	18:44	5:45	5	2:47	102	5:44	13.00	1:13:22	5:38	4	9:46	108	20:52
Lap 5	3.25	19:03	5:51	5	2:50	96	6:16	16.25	1:32:25	5:41	4	12:36	105	27:08
Lap 6	3.25	19:21	5:57	4	3:13	89	6:27	19.50	1:51:46	5:43	4	15:49	102	33:35
Last lap Finish	3.25	19:12	5:54	4	3:03	75	6:08	22.75	2:10:58	5:45	4	18:52	98	58:42