



13. Kristall-Marathon

Merkers / 17.02.2019

Detailed evaluation

Trageser, Lukas

Club: SVG Triathlon

Number: 515

Course: 22.75 km

Halbmarathon

Category:

Männer (20-29 Jahre)

Total time: 2:16:00

Speed: 9.71 km/h

Running performance: 5:59 min/km

Rank in course/Total: 141 (of 244)

Rank in course/Men: 116 (of 179)

Best time in course: 1:31:15

Rank in category: 7(of 7)

Best time in the category: 1:37:37

Intermediate times

Stage score

Total ranking

Control	Intermediate times				Stage score				Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	18:05	5:33	6	3:09	106	5:07	3.25	18:05	5:33	6	3:09	106	5:07
Lap 2	3.25	18:59	5:50	7	4:44	135	5:55	6.50	37:04	5:42	7	7:53	122	10:44
Lap 3	3.25	18:49	5:47	7	4:50	120	5:39	9.75	55:53	5:43	7	12:43	121	16:23
Lap 4	3.25	19:35	6:01	7	5:53	123	6:35	13.00	1:15:28	5:48	7	18:36	122	22:58
Lap 5	3.25	19:42	6:03	6	6:09	117	6:55	16.25	1:35:10	5:51	7	24:45	118	29:53
Lap 6	3.25	21:02	6:28	7	7:31	129	8:08	19.50	1:56:12	5:57	7	32:16	120	38:01
Last lap Finish	3.25	19:48	6:05	5	6:07	101	6:44	22.75	2:16:00	5:58	7	38:23	117	1:03:44