



13. Kristall-Marathon

Merkers / 17.02.2019

Detailed evaluation

Wojciechowski, Cornelia

Club: SV Kyffhäuser

Number: 538

Course: 22.75 km

Halbmarathon

Category:

Seniorinnen W55 (55-59 Jahre)

Total time: 2:16:52

Speed: 9.64 km/h

Running performance: 6:01 min/km

Rank in course/Total: 146 (of 244)

Rank in course/Women: 28 (of 65)

Best time in course: 1:42:53

Rank in category: 3(of 7)

Best time in the category: 2:14:28

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	3.25	18:36	5:43	3	1:45	27	4:44	3.25	18:36	5:43	3	1:45	27	4:44
Lap 2	3.25	19:00	5:50	3	1:05	30	4:21	6.50	37:36	5:47	3	2:50	28	9:05
Lap 3	3.25	19:15	5:55	3	0:44	27	4:32	9.75	56:51	5:49	3	3:34	29	13:34
Lap 4	3.25	19:34	6:01	2	0:32	25	4:41	13.00	1:16:25	5:52	3	4:06	27	18:15
Lap 5	3.25	19:59	6:08	2	0:31	27	4:55	16.25	1:36:24	5:55	3	4:03	28	23:10
Lap 6	3.25	20:19	6:15	2	0:15	27	5:11	19.50	1:56:43	5:59	3	3:08	28	28:21
Last lap Finish	3.25	20:09	6:11	1	-	23	5:38	22.75	2:16:52	6:00	3	2:24	28	33:59