



13. Kristall-Marathon

Merkers / 17.02.2019

Detailed evaluation

Neugebauer, Alfred

Club: Mr. & Mrs. Smith

Number: 452

Course: 22.75 km

Halbmarathon

Category:

Senioren M50 (50-54 Jahre)

Total time: 2:16:38

Speed: 9.66 km/h

Running performance: 6:01 min/km

Rank in course/Total: 145 (of 244)

Rank in course/Men: 118 (of 179)

Best time in course: 1:31:15

Rank in category: 20(of 38)

Best time in the category: 1:57:07

Intermediate times

Stage score

Total ranking

Control	Split			Pos		Behind		Total			Pos		Behind	
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Lap 1	3.25	25:06	7:43	38	9:47	179	12:08	3.25	25:06	7:43	38	9:47	179	12:08
Lap 2	3.25	16:00	4:55	5	0:31	53	2:56	6.50	41:06	6:19	30	10:18	155	14:46
Lap 3	3.25	14:43	4:31	1	-	17	1:33	9.75	55:49	5:43	21	8:42	120	16:19
Lap 4	3.25	19:37	6:02	22	3:23	124	6:37	13.00	1:15:26	5:48	21	10:41	121	22:56
Lap 5	3.25	15:37	4:48	1	-	22	2:50	16.25	1:31:03	5:36	18	9:25	98	25:46
Lap 6	3.25	17:50	5:29	8	0:31	55	4:56	19.50	1:48:53	5:35	16	9:19	92	30:42
Last lap Finish	3.25	27:45	8:32	36	10:38	167	14:41	22.75	2:16:38	6:00	21	1:04:22	119	1:04:22