



# 13. Kristall-Marathon

Merkers / 17.02.2019

## Detailed evaluation

**Eigenbrod, Hella**

Club: LANAKILA Racers

Number: 350

Course: 22.75 km

Halbmarathon

Category:

Seniorinnen W35 (35-39 Jahre)

Total time: 2:21:06

Speed: 9.67 km/h

Running performance: 6:12 min/km

Rank in course/Total: 162 (of 244)

Rank in course/Women: 31 (of 65)

Best time in course: 1:42:53

Rank in category: 5(of 8)

Best time in the category: 1:42:53

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	3.25	19:04	5:51	5	5:12	30	5:12	3.25	19:04	5:51	5	5:12	30	5:12
Lap 2	3.25	19:26	5:58	6	4:47	31	4:47	6.50	38:30	5:55	6	9:59	29	9:59
Lap 3	3.25	19:39	6:02	5	4:53	31	4:56	9.75	58:09	5:57	6	14:52	31	14:52
Lap 4	3.25	20:00	6:09	5	5:07	31	5:07	13.00	1:18:09	6:00	6	19:59	30	19:59
Lap 5	3.25	20:23	6:16	5	5:19	33	5:19	16.25	1:38:32	6:03	5	25:18	30	25:18
Lap 6	3.25	21:05	6:29	5	5:57	30	5:57	19.50	1:59:37	6:08	5	31:15	30	31:15
Last lap Finish	3.25	21:29	6:36	5	6:58	33	6:58	22.75	2:21:06	6:12	5	38:13	31	38:13