



13. Kristall-Marathon

Merkers / 17.02.2019

Detailed evaluation

Haus, Peggy

Club: Berlin
Number: 378

Course: 22.75 km
Halbmarathon

Category:
Seniorinnen W35 (35-39 Jahre)

Total time: 2:24:02

Speed: 9.16 km/h
Running performance: 6:20 min/km

Rank in course/Total: 168 (of 244)

Rank in course/Women: 33 (of 65)

Best time in course: 1:42:53

Rank in category: 6(of 8)

Best time in the category: 1:42:53

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	3.25	18:21	5:38	4	4:29	23	4:29	3.25	18:21	5:38	4	4:29	23	4:29
Lap 2	3.25	18:25	5:40	4	3:46	25	3:46	6.50	36:46	5:39	3	8:15	24	8:15
Lap 3	3.25	19:09	5:53	4	4:23	25	4:26	9.75	55:55	5:44	4	12:38	27	12:38
Lap 4	3.25	20:30	6:18	7	5:37	35	5:37	13.00	1:16:25	5:52	5	18:15	27	18:15
Lap 5	3.25	22:29	6:55	7	7:25	44	7:25	16.25	1:38:54	6:05	6	25:40	31	25:40
Lap 6	3.25	21:49	6:42	7	6:41	37	6:41	19.50	2:00:43	6:11	6	32:21	32	32:21
Last lap Finish	3.25	23:19	7:10	6	8:48	45	8:48	22.75	2:24:02	6:19	6	41:09	33	41:09