



13. Kristall-Marathon

Merkers / 17.02.2019

Detailed evaluation

Schöniger, Sven

Club: Wartburg-Sparkasse

Number: 492

Course: 22.75 km

Halbmarathon

Category:

Senioren M45 (45-49 Jahre)

Total time: 2:25:00

Speed: 9.41 km/h

Running performance: 6:22 min/km

Rank in course/Total: 177 (of 244)

Rank in course/Men: 142 (of 179)

Best time in course: 1:31:15

Rank in category: 23(of 29)

Best time in the category: 1:36:19

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Lap 1	3.25	18:30	5:41	20	5:32	123	5:32	3.25	18:30	5:41	20	5:32	123	5:32	
Lap 2	3.25	18:53	5:48	21	5:31	131	5:49	6.50	37:23	5:45	21	11:03	127	11:03	
Lap 3	3.25	19:26	5:58	22	6:06	138	6:16	9.75	56:49	5:49	21	17:09	129	17:19	
Lap 4	3.25	20:20	6:15	23	6:29	141	7:20	13.00	1:17:09	5:56	21	23:38	133	24:39	
Lap 5	3.25	20:59	6:27	22	6:43	141	8:12	16.25	1:38:08	6:02	21	30:21	132	32:51	
Lap 6	3.25	22:18	6:51	23	7:57	140	9:24	19.50	2:00:26	6:10	22	38:18	137	42:15	
Last lap Finish	3.25	24:34	7:33	28	10:23	156	11:30	22.75	2:25:00	6:22	23	48:41	143	1:12:44	