



13. Kristall-Marathon

Merkers / 17.02.2019

Detailed evaluation

Beerbaum, Anke

Club: Bielefeld

Number: 314

Course: 22.75 km

Halbmarathon

Category:

Seniorinnen W40 (40-44 Jahre)

Total time: 2:27:32

Speed: 9.25 km/h

Running performance: 6:29 min/km

Rank in course/Total: 181 (of 244)

Rank in course/Women: 37 (of 65)

Best time in course: 1:42:53

Rank in category: 2(of 11)

Best time in the category: 1:58:21

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	3.25	19:47	6:05	5	3:37	36	5:55	3.25	19:47	6:05	5	3:37	36	5:55
Lap 2	3.25	19:55	6:07	3	3:12	37	5:16	6.50	39:42	6:06	4	6:49	38	11:11
Lap 3	3.25	20:48	6:24	3	3:58	41	6:05	9.75	1:00:30	6:12	3	10:47	39	17:13
Lap 4	3.25	21:59	6:45	6	4:59	45	7:06	13.00	1:22:29	6:20	5	15:46	43	24:19
Lap 5	3.25	21:23	6:34	3	4:11	38	6:19	16.25	1:43:52	6:23	2	19:57	39	30:38
Lap 6	3.25	21:20	6:33	2	3:55	35	6:12	19.50	2:05:12	6:25	2	23:52	38	36:50
Last lap Finish	3.25	22:20	6:52	3	5:19	38	7:49	22.75	2:27:32	6:29	2	29:11	37	44:39