



13. Kristall-Marathon

Merkers / 17.02.2019

Detailed evaluation

Zohner, Karin

Club: ASC Marktrodach

Number: 265

Course: 9.75 km

10 km Lauf

Category:

Seniorinnen W50 (50-54 Jahre)

Total time: 47:40

Speed: 11.33 km/h

Running performance: 4:53 min/km

Rank in course/Total: 41 (of 246)

Rank in course/Women: 6 (of 98)

Best time in course: 42:01

Rank in category: 1(of 12)

Best time in the category: 47:40

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	3.25	15:37	4:48	2	8:06	10	8:06	3.25	15:37	4:48	2	8:06	10	8:06
Lap 2	3.25	16:01	4:55	1	-	4	2:00	6.50	31:38	4:51	1	-	7	4:06
Last lap Finish	3.25	16:02	4:56	1	-	5	1:57	9.75	47:40	4:53	1	-	6	5:39