



13. Kristall-Marathon

Merkers / 17.02.2019

Detailed evaluation

Bischof, Pierre

Club: Hannover Runners

Number: 17

Course: 9.75 km

10 km Lauf

Category:

Senioren M35 (35-39 Jahre)

Total time: 47:54

Speed: 12.21 km/h

Running performance: 4:55 min/km

Rank in course/Total: 42 (of 246)

Rank in course/Men: 36 (of 148)

Best time in course: 33:48

Rank in category: 4(of 13)

Best time in the category: 36:39

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	14:42	4:31	4	3:27	24	4:11	3.25	14:42	4:31	4	3:27	24	4:11
Lap 2	3.25	16:13	4:59	6	3:21	41	4:42	6.50	30:55	4:45	5	6:48	36	8:53
Last lap Finish	3.25	16:59	5:13	5	4:27	52	5:20	9.75	47:54	4:54	4	11:15	36	14:06