



13. Kristall-Marathon

Merkers / 17.02.2019

Detailed evaluation

Eifert, Johanna

Club: TV Frischborn

Number: 47

Course: 9.75 km

10 km Lauf

Category:

Frauen (20-29 Jahre)

Total time: 47:57

Speed: 11.26 km/h

Running performance: 4:55 min/km

Rank in course/Total: 43 (of 246)

Rank in course/Women: 7 (of 98)

Best time in course: 42:01

Rank in category: 2(of 11)

Best time in the category: 42:37

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	3.25	16:17	5:00	3	1:46	18	8:46	3.25	16:17	5:00	3	1:46	18	8:46
Lap 2	3.25	16:24	5:02	2	2:23	7	2:23	6.50	32:41	5:01	3	4:09	12	5:09
Last lap Finish	3.25	15:16	4:41	2	1:11	3	1:11	9.75	47:57	4:55	2	5:20	7	5:56