



# 13. Kristall-Marathon

Merkers / 17.02.2019

## Detailed evaluation

**Menzel, Jürgen**

Club: BSG Evonik Wesseling e.V.

Number: 444

Course: 22.75 km

Halbmarathon

Category:

Senioren M60 (60-64 Jahre)

Total time: 2:35:20

Speed: 8.50 km/h

Running performance: 6:50 min/km

Rank in course/Total: 203 (of 244)

Rank in course/Men: 157 (of 179)

Best time in course: 1:31:15

Rank in category: 12(of 12)

Best time in the category: 1:52:06

### Intermediate times

### Stage score

### Total ranking

| Control         | Intermediate times |            |              |          | Stage score |         |            |          | Total ranking |              |          |             |         |            |
|-----------------|--------------------|------------|--------------|----------|-------------|---------|------------|----------|---------------|--------------|----------|-------------|---------|------------|
|                 | Split km           | Split Time | Split min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men | Total km | Total Time    | Total min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men |
| Lap 1           | 3.25               | 20:20      | 6:15         | 10       | 4:27        | 155     | 7:22       | 3.25     | 20:20         | 6:15         | 10       | 4:27        | 155     | 7:22       |
| Lap 2           | 3.25               | 20:48      | 6:24         | 11       | 4:58        | 159     | 7:44       | 6.50     | 41:08         | 6:19         | 11       | 9:25        | 157     | 14:48      |
| Lap 3           | 3.25               | 21:22      | 6:34         | 11       | 5:26        | 157     | 8:12       | 9.75     | 1:02:30       | 6:24         | 11       | 14:51       | 160     | 23:00      |
| Lap 4           | 3.25               | 22:29      | 6:55         | 12       | 6:32        | 163     | 9:29       | 13.00    | 1:24:59       | 6:32         | 11       | 21:23       | 159     | 32:29      |
| Lap 5           | 3.25               | 23:02      | 7:05         | 12       | 6:49        | 161     | 10:15      | 16.25    | 1:48:01       | 6:38         | 11       | 28:12       | 157     | 42:44      |
| Lap 6           | 3.25               | 23:35      | 7:15         | 12       | 7:27        | 156     | 10:41      | 19.50    | 2:11:36       | 6:44         | 11       | 35:39       | 157     | 53:25      |
| Last lap Finish | 3.25               | 23:44      | 7:18         | 11       | 7:35        | 147     | 10:40      | 22.75    | 2:35:20       | 6:49         | 12       | 43:14       | 158     | 1:23:04    |