



13. Kristall-Marathon

Merkers / 17.02.2019

Detailed evaluation

Marggraf, Marion

Club: Köln

Number: 441

Course: 22.75 km

Halbmarathon

Category:

Seniorinnen W35 (35-39 Jahre)

Total time: 2:36:44

Speed: 8.42 km/h

Running performance: 6:53 min/km

Rank in course/Total: 206 (of 244)

Rank in course/Women: 49 (of 65)

Best time in course: 1:42:53

Rank in category: 7(of 8)

Best time in the category: 1:42:53

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	3.25	19:49	6:05	7	5:57	38	5:57	3.25	19:49	6:05	7	5:57	38	5:57
Lap 2	3.25	20:57	6:26	8	6:18	49	6:18	6.50	40:46	6:16	8	12:15	43	12:15
Lap 3	3.25	22:06	6:48	8	7:20	53	7:23	9.75	1:02:52	6:26	8	19:35	49	19:35
Lap 4	3.25	22:35	6:56	8	7:42	50	7:42	13.00	1:25:27	6:34	8	27:17	48	27:17
Lap 5	3.25	23:15	7:09	8	8:11	52	8:11	16.25	1:48:42	6:41	8	35:28	48	35:28
Lap 6	3.25	24:40	7:35	8	9:32	57	9:32	19.50	2:13:22	6:50	8	45:00	49	45:00
Last lap Finish	3.25	23:22	7:11	7	8:51	46	8:51	22.75	2:36:44	6:53	7	53:51	49	53:51