



# 13. Kristall-Marathon

Merkers / 17.02.2019

## Detailed evaluation

**Harder, Oskar**

Club: Stadtallendorf

Number: 374

Course: 22.75 km

Halbmarathon

Category:

Senioren M55 (55-59 Jahre)

Total time: 2:37:55

Speed: 8.36 km/h

Running performance: 6:56 min/km

Rank in course/Total: 209 (of 244)

Rank in course/Men: 158 (of 179)

Best time in course: 1:31:15

Rank in category: 20(of 22)

Best time in the category: 1:53:58

### Intermediate times

### Stage score

### Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Lap 1	3.25	19:00	5:50	15	3:24	131	6:02	3.25	19:00	5:50	15	3:24	131	6:02	
Lap 2	3.25	18:25	5:40	13	2:53	121	5:21	6.50	37:25	5:45	15	6:02	129	11:05	
Lap 3	3.25	19:18	5:56	15	3:36	133	6:08	9.75	56:43	5:49	15	9:38	128	17:13	
Lap 4	3.25	19:23	5:57	14	3:17	115	6:23	13.00	1:16:06	5:51	15	12:55	126	23:36	
Lap 5	3.25	20:25	6:16	19	3:48	133	7:38	16.25	1:36:31	5:56	15	16:43	128	31:14	
Lap 6	3.25	23:19	7:10	20	6:40	154	10:25	19.50	1:59:50	6:08	17	23:01	134	41:39	
Last lap Finish	3.25	38:05	11:43	22	22:04	175	25:01	22.75	2:37:55	6:56	20	43:57	159	1:25:39	