



13. Kristall-Marathon

Merkers / 17.02.2019

Detailed evaluation

Marx, Dominik

Club: TV Frischborn

Number: 147

Course: 9.75 km

10 km Lauf

Category:

Männer (20-29 Jahre)

Total time: 47:57

Speed: 11.26 km/h

Running performance: 4:55 min/km

Rank in course/Total: 44 (of 246)

Rank in course/Men: 37 (of 148)

Best time in course: 33:48

Rank in category: 3(of 12)

Best time in the category: 35:19

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	16:17	5:00	6	4:43	55	5:46	3.25	16:17	5:00	6	4:43	55	5:46
Lap 2	3.25	16:24	5:02	3	4:18	42	4:53	6.50	32:41	5:01	4	9:01	48	10:39
Last lap Finish	3.25	15:16	4:41	3	3:37	22	3:37	9.75	47:57	4:55	3	12:38	37	14:09