



13. Kristall-Marathon

Merkers / 17.02.2019

Detailed evaluation

Weiffen, Dennis

Club: TV Witzhelden

Number: 840

Course: 22.75 km

Halbmarathon

Category:

Senioren M40 (40-44 Jahre)

Total time: 2:41:52

Speed: 8.15 km/h

Running performance: 7:07 min/km

Rank in course/Total: 216 (of 244)

Rank in course/Men: 163 (of 179)

Best time in course: 1:31:15

Rank in category: 25(of 25)

Best time in the category: 1:31:15

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Lap 1	3.25	18:37	5:43	23	5:23	127	5:39	3.25	18:37	5:43	23	5:23	127	5:39	
Lap 2	3.25	21:05	6:29	25	8:01	162	8:01	6.50	39:42	6:06	24	13:22	149	13:22	
Lap 3	3.25	22:38	6:57	25	9:28	166	9:28	9.75	1:02:20	6:23	25	22:50	159	22:50	
Lap 4	3.25	22:48	7:00	24	9:48	165	9:48	13.00	1:25:08	6:32	25	32:38	160	32:38	
Lap 5	3.25	23:43	7:17	25	10:56	164	10:56	16.25	1:48:51	6:41	25	43:34	159	43:34	
Lap 6	3.25	26:14	8:04	25	13:20	168	13:20	19.50	2:15:05	6:55	25	56:54	164	56:54	
Last lap Finish	3.25	26:47	8:14	25	13:43	165	13:43	22.75	2:41:52	7:06	25	1:10:37	164	1:29:36	