



13. Kristall-Marathon

Merkers / 17.02.2019

Detailed evaluation

Otte, Andreas

Club: Gronau

Number: 459

Course: 22.75 km

Halbmarathon

Category:

Senioren M45 (45-49 Jahre)

Total time: 2:42:53

Speed: 8.10 km/h

Running performance: 7:10 min/km

Rank in course/Total: 218 (of 244)

Rank in course/Men: 164 (of 179)

Best time in course: 1:31:15

Rank in category: 28(of 29)

Best time in the category: 1:36:19

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total		Total min/km	Pos Cat.	Behind Cat.	Total ranking	
						Pos Men	Behind Men	km	Time				Pos Men	Behind Men
Lap 1	3.25	22:33	6:56	29	9:35	171	9:35	3.25	22:33	6:56	29	9:35	171	9:35
Lap 2	3.25	22:35	6:56	29	9:13	171	9:31	6.50	45:08	6:56	29	18:48	172	18:48
Lap 3	3.25	23:12	7:08	29	9:52	169	10:02	9.75	1:08:20	7:00	29	28:40	172	28:50
Lap 4	3.25	23:13	7:08	28	9:22	168	10:13	13.00	1:31:33	7:02	29	38:02	170	39:03
Lap 5	3.25	23:44	7:18	26	9:28	165	10:57	16.25	1:55:17	7:05	28	47:30	169	50:00
Lap 6	3.25	23:47	7:19	25	9:26	158	10:53	19.50	2:19:04	7:07	28	56:56	168	1:00:53
Last lap Finish	3.25	23:49	7:19	25	9:38	149	10:45	22.75	2:42:53	7:09	28	1:06:34	165	1:30:37