



13. Kristall-Marathon

Merkers / 17.02.2019

Detailed evaluation

Cott, Rene

Club: Eisenach

Number: 332

Course: 22.75 km

Halbmarathon

Category:

Senioren M35 (35-39 Jahre)

Total time: 2:42:58

Speed: 8.10 km/h

Running performance: 7:10 min/km

Rank in course/Total: 219 (of 244)

Rank in course/Men: 165 (of 179)

Best time in course: 1:31:15

Rank in category: 22(of 26)

Best time in the category: 1:33:42

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	19:06	5:52	20	5:59	132	6:08	3.25	19:06	5:52	20	5:59	132	6:08
Lap 2	3.25	20:25	6:16	24	7:12	155	7:21	6.50	39:31	6:04	23	13:07	146	13:11
Lap 3	3.25	21:26	6:35	24	7:52	159	8:16	9.75	1:00:57	6:15	24	20:59	153	21:27
Lap 4	3.25	22:24	6:53	23	8:59	160	9:24	13.00	1:23:21	6:24	23	29:57	155	30:51
Lap 5	3.25	25:20	7:47	24	11:56	170	12:33	16.25	1:48:41	6:41	23	41:53	158	43:24
Lap 6	3.25	26:28	8:08	23	12:53	169	13:34	19.50	2:15:09	6:55	23	54:46	165	56:58
Last lap Finish	3.25	27:49	8:33	22	14:30	168	14:45	22.75	2:42:58	7:09	22	1:09:16	166	1:30:42