



13. Kristall-Marathon

Merkers / 17.02.2019

Detailed evaluation

Schultheiss, Torsten

Club: Wardenburg

Number: 496

Course: 22.75 km

Halbmarathon

Category:

Senioren M50 (50-54 Jahre)

Total time: 2:43:32

Speed: 8.07 km/h

Running performance: 7:11 min/km

Rank in course/Total: 221 (of 244)

Rank in course/Men: 166 (of 179)

Best time in course: 1:31:15

Rank in category: 34(of 38)

Best time in the category: 1:57:07

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Lap 1	3.25	23:12	7:08	37	7:53	175	10:14	3.25	23:12	7:08	37	7:53	175	10:14	
Lap 2	3.25	22:55	7:03	36	7:26	172	9:51	6.50	46:07	7:05	36	15:19	173	19:47	
Lap 3	3.25	22:39	6:58	33	7:56	167	9:29	9.75	1:08:46	7:03	36	21:39	173	29:16	
Lap 4	3.25	23:08	7:07	34	6:54	167	10:08	13.00	1:31:54	7:04	35	27:09	171	39:24	
Lap 5	3.25	23:13	7:08	34	7:36	162	10:26	16.25	1:55:07	7:05	34	33:29	168	49:50	
Lap 6	3.25	24:07	7:25	33	6:48	161	11:13	19.50	2:19:14	7:08	34	39:40	169	1:01:03	
Last lap Finish	3.25	24:18	7:28	31	7:11	153	11:14	22.75	2:43:32	7:11	35	1:31:16	167	1:31:16	