



13. Kristall-Marathon

Merkers / 17.02.2019

Detailed evaluation

Pawar, Yogesh

Club: Hessisch Oldendorf

Number: 758

Course: 22.75 km

Halbmarathon

Category:

Senioren M35 (35-39 Jahre)

Total time: 2:19:49

Speed: 9.76 km/h

Running performance: 6:09 min/km

Rank in course/Total: 156 (of 244)

Rank in course/Men: 127 (of 179)

Best time in course: 1:31:15

Rank in category: 17(of 26)

Best time in the category: 1:33:42

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Lap 1	3.25	18:07	5:34	18	5:00	110	5:09	3.25	18:07	5:34	18	5:00	110	5:09	
Lap 2	3.25	18:56	5:49	21	5:43	133	5:52	6.50	37:03	5:41	18	10:39	120	10:43	
Lap 3	3.25	19:15	5:55	20	5:41	131	6:05	9.75	56:18	5:46	20	16:20	124	16:48	
Lap 4	3.25	19:40	6:03	20	6:15	127	6:40	13.00	1:15:58	5:50	20	22:34	124	23:28	
Lap 5	3.25	20:11	6:12	19	6:47	127	7:24	16.25	1:36:09	5:55	19	29:21	123	30:52	
Lap 6	3.25	20:34	6:19	17	6:59	123	7:40	19.50	1:56:43	5:59	19	36:20	123	38:32	
Last lap Finish	3.25	23:06	7:06	17	9:47	142	10:02	22.75	2:19:49	6:08	17	46:07	128	1:07:33	